You’ll teach me that it’s okay to ASK QUESTIONS.

Find out what Family Connects North Texas has to offer.

You have an appointment with a Family Connects North Texas nurse on:

____________________  ______________________
Day  Date

at __________________ a.m./p.m.
Time

Family Connects is available to families living in North Texas.

The Family Connects initiative is expanding across North Texas. Call or visit our website to see if it is available in your community now.

844-NTX-KIDS
(844-689-5437)
FamilyConnectsNorthTexas.org

Connecting every child to a healthy future
CONGRATULATIONS
on your NEW BABY!

What can FAMILY CONNECTS NORTH TEXAS do for you?

Having a new baby affects many areas of a family’s life. Family Connects nurses are trained to answer all kinds of questions and are knowledgeable about the wealth of resources in our community. Here are a few examples of how Family Connects nurses can address your family’s needs:

- Baby weight check
- Safe sleep information
- Mom health check
- Management of infant crying
- Breast or bottle feeding help
- Financial resources
- Postpartum depression screening
- Playgroups & parent support groups
- Understanding of childcare options
- Early literacy information
- Understanding of new family dynamics
- Family planning advice
- Back-to-work support
- Scheduling appointments
- Help with bathing, diapering and swaddling
- Healthy home connections

WHAT YOU CAN EXPECT

THREE WEEKS
Visits are scheduled around 3 weeks after your baby’s birth

NO COST TO PARTICIPANTS
As an eligible participant, you will not be charged

REGISTERED NURSE
All visits are made by highly trained nurses

FOR ALL
Helping all families, regardless of income or background

Research shows that when families use Family Connects, mothers feel less anxious, they learn about quality childcare options available to them, and their babies need less emergency care at hospitals. This all adds up to an enormous, positive impact on the community.

Building a healthy North Texas

Results from ongoing randomized controlled trials have shown that every $1 invested in Family Connects can save as much as $3.02 in emergency health costs.

AS A RESIDENT OF NORTH TEXAS, you can receive an in-home nurse visit courtesy of Family Connects North Texas.

Family Connects supports parents like you by bringing health care providers, community resources and families together. Our mission is to connect you with resources that nurture your whole family and support your child’s health and well-being.

It’s about planting seeds for the future. Together, we’re growing healthy babies and making a more successful North Texas.

Babies don’t come with an instruction manual. Family Connects North Texas can help!